

## PRESS RELEASE: Lawyer helps women mentor each other in mastermind groups

VANCOUVER, BC, October 20, 2016 – Maureen F. Fitzgerald, PhD, former lawyer releases her newest book.

Titled, *A Woman's Circle: Create a peer mentoring group for advice, networking, support and connection*, this book provides a simple step-by-step method for setting up and running a peer- mentoring or mastermind group.

As a lawyer climbing the corporate ladder, Fitzgerald joined many women's groups only to discover they were not very helpful. Relationships rarely lasted and conversations were often superficial. Aching for a close group of like-minded women with whom she could share her struggles and accomplishments, she began gathering information from several other mastermind groups and forums. Ultimately she realized that creating such a group was not only possible, but fairly easy to do.

So she read all about mentoring, the psychology of groups and the various techniques for holding meetings and created her own technique, calling it a *Woman's Circle*. But hers, unlike others did not involve paying a high fee. As well, each *Woman's Circle* is designed to provide a safe, confidential and non-competitive setting that is both long lasting and self sustaining. In other words, women could do-it-themselves!

As Fitzgerald says, "For years, men have benefitted from expensive mastermind groups and forums to grow their businesses and profits while managing their lives. Finally here is a book for women."

This book is for those women who want more than just a coffee club, networking group, or meet-up. They want:

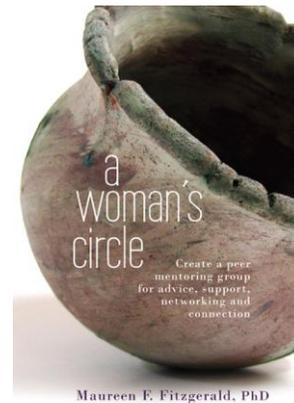
- the support of other women
- life and career advice
- business know-how
- a community of like-minded women
- women's wisdom

*A Woman's Circle* teaches how to how to find members, draft an agenda, facilitate meetings and deal with problems as they arise.

**Contact:** For a more information or an author interview please contact the author: [maurfitz1@gmail.com](mailto:maurfitz1@gmail.com); 604-228-8900;

[www.MaureenFitzgerald.com](http://www.MaureenFitzgerald.com).

**Available on Amazon:** <https://www.amazon.com/Womans-Circle-mentoring-networking-connection-ebook/dp/B01D3LGQHS/>



"This book is ...full of practical advice that might change your life!" – Christina Baldwin, author, *Calling the Circle*, and *Storycatcher*

"I recommend this book to anyone who has ever had an interest in circles—for professional development or personal growth." – Beverly Engel, author of *Women Circling the Earth*

"Learning how to build, provide and receive support through a circle of confidants is fundamental to success. This book will help anyone wanting to discover the power and enjoyment of an effective circle of advisors." – Sue Paish, Q.C., lawyer

**About the Author:** Maureen F. Fitzgerald, PhD, JD, LL.M, BComm is a gender diversity advisor, a former lawyer and author of 11 books. She was a policy and labor lawyer for 20 years, taught at two universities, has a business degree, two law degrees, and a doctorate degree.

